

Welcome to *The Story of You*

Congratulations on taking the first step toward documenting the moments that matter most—and the stories behind them. We have designed this book with you in mind, offering open-ended prompts with room for short reflections and our Everyday Prints, so you can record what is meaningful to you. You'll also find space for longer letters to your little one. Before you get started, we encourage you to flip through the pages to get a feel for the photos you'll want to capture along the way. We can't wait for you to mark this new chapter.

A NOTE FROM THE MAKERS

CHAPTER 1: OUR BEGINNINGS

- **Life Before You**
 - ☐ Parents' childhood photos
- **Sharing The Big News**
- **Your First Appearance**
 - ☐ Ultrasound photo
- **Hopes For You**
- **Your Name**

CHAPTER 2: LIFE WITH YOU

- **Your Stats**
- **Meeting You For The First Time**
 - ☐ Baby's first photo
 - ☐ Welcome home photo
 - ☐ Nursery photo
 - ☐ Baby with first visitors photo
- **Introducing!**
 - ☐ Birth announcement photo
 - ☐ Early days photo

Before You Came Along...

*Knowing all of our stories are unique,
this can be held as truth: each experience,
each choice, and each decision made has
led to a life destined with you.*

Sharing the Big News

WITH EACH OTHER *(if applicable)*

WITH FRIENDS & FAMILY

HOW IT FELT

(Circle)

Over-the-moon exciting

A little nerve-racking

Very nerve-racking

*As though the best days
were just ahead*

THE STORY OF YOU

Your First Appearance

Place an ultrasound
image or first photo
of baby here

A LETTER TO YOU

Handwriting practice lines consisting of multiple sets of three horizontal lines (top, middle, and bottom) for letter formation.

What's in a Name?

TOP CHOICES: BOY NAMES

TOP CHOICES: GIRL NAMES

BUT YOU COULDN'T BE ANYONE BESIDES

THE STORY OF YOUR NAME

You were born at _____
on _____. You weighed
_____ lbs. and _____ oz.

You were _____ inches long.

You arrived:

(Check)

○
*Early—you couldn't
wait to see the world!*

○
Right on time

○
*Late—you were cozy and
wanted to stay put!*

THE STORY OF YOU

WELCOME HOME!

Place a photo here
of where you brought
your little one home to

HERE IS YOUR NURSERY

Place a photo
here of baby's
nursery

HERE YOU ARE WITH

Place a photo
here of baby with
an early visitor

THIS WAS WHEN YOU MET

Place a photo
here of baby with
an early visitor

THE STORY OF YOU

WORDS TO GUIDE YOU

Root yourself in purpose. Create without
boundaries. Let curiosity lead. Ask for
help when you need it. Understand the
importance of exuding grace. Know that
the world needs people like you.

Introducing!

Place your birth
announcement
or first photo
you shared here

1-6 Months Old

*The most wonderful lesson is you—
for each day you learn, those around you
learn too. With every new experience, obstacle
and triumph, we're growing together—in the
only honest way we know how. Humbled by
the setbacks and renewed by the victories,
this is us. This is our growing family.*

MONTH-BY-MONTH

Place a baby
photo from
month 01 here

One Month

The Story of You

GROWING TOGETHER

YOUR TINY FINGERS AND TOES

Place a baby
photo from
month 01 here

MORNINGS WERE FILLED WITH

Place a baby
photo from
month 01 here

THE STORY OF YOU

EVERYONE LOVES THIS FACE

Place a baby
photo from
month 01 here

YOU WERE A COZY LITTLE ONE

Place a baby
photo from
month 01 here

MONTH-BY-MONTH

Four Months

The Story of you

Place a baby
photo from
month 04 here

GROWING TOGETHER

As your personality shines
through, here are a few
nicknames you've been given.

MONTH-BY-MONTH

Eight Months

The Story of you

Place a baby
photo from
month 08 here

HERE'S TO THIS

Your favorite books we read
together are _____,

_____, _____,
and _____.

Our special reading spot is
_____.

THE STORY OF YOU

YOU LOVE WHEN
WE SING

Place a baby
photo from
month 08 here

YOU HAVE EVERYONE
SMILING WHEN YOU

Place a baby
photo from
month 08 here